



Rainier Valley
Food Bank

WE ARE
HOSTING
A FOOD
DRIVE ON

MOST WANTED FOODS LIST

- CANNED CHICKEN, TUNA & SALMON
- BEEF STEW, MEAT SOUPS
- HEARTY SOUPS
- CANNED VEGGIES & FRUITS
- DRY OR CANNED BEANS
- PEANUT BUTTER
- PASTA
- RICE
- PANCAKE OR BAKING MIXES
- CEREAL & OATMEAL
- GRANOLA BARS OR ENERGY BARS
- ENSURE OR OTHER NUTRITIONAL SUPPLEMENT DRINKS
- BABY FOOD & FORMULA